



**Southeast Steuben County Library**  
**300 Nasser Civic Center Plaza; Suite 101**  
**Corning, NY 14830**  
**ssclibrary.org**

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FOR IMMEDIATE RELEASE

#### ADULT PROGRAMMING AT LIBRARY OFFERS VARIETY

The Southeast Steuben County Library offers a variety of programs for adults. For free, educational and fun programming; look no further than the library.

March 24 from 4-6 p.m. | Quarterly Crafting

Join us for some crafting time and a supper of salad, pizza and desserts. Bring your own crafting project or try one of ours. Made possible by the Friends of the Library.

April 11 from 6-7:30 p.m. | Reducing Cancer Risk through Diet.

Join George Eisman, registered dietitian and nutrition director for the Coalition for Cancer Prevention through Plant-Based Eating for a talk about nutrition and how it affects your health.

April 16 at 4 p.m. | Garden Tea and National Poetry Month celebration

Break out your favorite hat, and join us for a sumptuous tea. Bring your favorite poem to recite or hand it over to your hostess to read. Made possible by the Friends of the Library, S.S.C. Call (607) 936-3713 ext. 502 to sign up as seating is limited.

April 21, Noon | Healthy Eating: Rethink Your Drink!

Join the AmeriCorps VISTA volunteers for a program about hidden sugars in your food and drink. Take part in free games and enjoy healthy refreshments. Call (607) 936-3713 ext. 502 to sign up.

April 28, Noon | Container Gardening with Elizabeth Whitehouse

Learn how to grow fresh veggies in containers with Elizabeth Whitehouse, master gardener and composting expert. Call (607) 936-3713 ext. 502 to sign up.

May 4 and May 30 at 4 p.m. | Learn Google Picasa!

It's National Photo Month. Join us for a look at Google Picasa, which offers a free and versatile, but simple way to edit photographs. Call (607) 936-3713 ext. 502 to sign up.

May 5 from 3:30-4:30 p.m. | Plant Exchange

Whether you have vegetables or flowers you are starting, plant a few extra seeds then join us for a plant exchange to increase your variety. If you are dividing something like rhubarb or iris, put some in a container and bring it along.

3:30 p.m. – Drop off your plants and receive your exchange tickets

3:45 p.m. – Plants will be arranged for exchange by volunteers

4 p.m. – Plant exchange begins

May 21 from 6-7:30 p.m. | Who's the Man?: Gender Categories and Sexuality in Native American Cultures

Anthropologist Connie Sullivan-Blum will give a talk on the complexity of gender and sexuality within Native American cultures. To sign up, call (607) 936-3713 ext. 502.

June 1 at 4 p.m. | Quarterly Crafting- Crafts for Dad

Father's Day is June 16th; join us for a fun time making simple crafts appropriate for the Dad in your life. There will be salad, pizza and desserts. Feel free to bring something you are working on or choose from materials set out. Call (607) 936-3713 ext. 502 to sign up.

Made possible by the Friends of the Library.

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*Programs made possible by the Friends of the Library  
The library is handicapped accessible. If you require special accommodations, please call us in  
advance: (607) 936-3713.*